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| **Nidan Second Degree Black Belt Test** |

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| **Name:** | | | | | | | | **Test Fee: $200** |
| **Present Rank:** | | | | | | | **Testing Rank: 1st Kyu** | **Result:** |
| **Single Basics** | | **Score 1-5** | | | **Comments** | | | |
| Oi zuki | |  | | |  | | | |
| Gyaku zuki | |  | | |  | | | |
| Gedan barai | |  | | |  | | | |
| Age uke | |  | | |  | | | |
| Ude soto uke | |  | | |  | | | |
| Ude uchi uke | |  | | |  | | | |
| Shuto uke | |  | | |  | | | |
| Mae geri | |  | | |  | | | |
| Yoko geri kekomi (f. stance) | |  | | |  | | | |
| Yoko geri keage (kiba dachi) | |  | | |  | | | |
| Mawashi geri | |  | | |  | | | |
| Ushiro geri | |  | | |  | | | |
| Ura mawashi geri | |  | | |  | | | |
| **Stances** | | | **Score 1-5** | | **Comments** | | | |
| Front stance | | |  | |  | | | |
| Back stance | | |  | |  | | | |
| Kiba dachi | | |  | |  | | | |
| Other stances | | |  | |  | | | |
| **Double Basics** | | | **Score 1-5** | | **Comments ts as** | | | |
| Oi zuki, gyaku zuki | | |  | |  | | | |
| Gedan barai, gyaku zuki | | |  | |  | | | |
| Age uke, gyaku zuki | | |  | |  | | | |
| Ude soto uke, gyaku zuki | | |  | |  | | | |
| Ude uchi uke, gyaku zuki | | |  | |  | | | |
| Shuto uke, nukite | | |  | |  | | | |
| Mae geri, jodan oi zuki | | |  | |  | | | |
| Mae geri, chudan gyaku zuki | | |  | |  | | | |
| Yoko geri kekomi, gyaku zuki | | |  | |  | | | |
| Mawashi geri, gyaku zuki | | |  | |  | | | |
| Mae geri, yoko geri kekomi | | |  | |  | | | |
| Mae geri, mawashi geri | | |  | |  | | | |
| Mawashi geri - ushiro geri | | |  | |  | | | |

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| **Nidan Second Degree Black Belt Test Continued** | | | | | |
| Ushiro geri, mawashi geri | | | |  |  |
| Mae geri, yoko geri kekomi (single leg) | | | |  |  |
| Mae geri, mawashi geri (single leg) | | | |  |  |
| **Triple Combinations** | | | | **Score 1-5** | **Comments** |
| From gyaku zuki: jodan  kizami zuki, chudan gyaku zuki, step chudan gyaku zuki | | | |  |  |
| From gyaku zuki: step gyaku zuki,  jodan kizami zuki, gyaku zuki | | | |  |  |
| Ude soto uke, uraken, empi | | | |  |  |
| Ude uchi uke, jodan kizami zuki, gyaku zuki | | | |  |  |
| Kokutsu dachi shuto uke, kizami mae geri, nukite | | | |  |  |
| Mawashi geri, uraken, gyaku zuki | | | |  |  |
| Ushiro geri, uraken, gyaku zuki | | | |  |  |
| Mae geri, yoko geri kekomi, mawashi geri | | | |  |  |
| Mae geri, mawashi geri, ushiro geri | | | |  |  |
| **Quadruple Combinations** | | | | **Score 1-5** | **Comments** |
| Mae geri, yoko geri kekomi, mawashi geri, ushiro geri | | | |  |  |
| Step back age uke, mawashi geri,  uraken (kiba dachi), oi zuki | | | |  |  |
| **Mae geri, yoko geri kekomi, mawashi geri, ushiro geri**  **(single leg stationary)** | | | |  |  |
| **Sparring Combinations** | | | | **Score 1-5** | **Comments** |
| Kizami zuki, mae geri, oi zuki | | | |  |  |
| Kizami zuki, gyaku zuki,  mawashi geri, gyaku zuki | | | |  |  |
| **Kizami zuki, gyaku zuki, pull front**  **leg back ushiro geri, gyaku zuki** | | | |  |  |
| **Kata** | | | | **Score 1-5** | **Comments** |
| Tokui kata | | | |  |  |
| Heian 1 , 2 , 3 , 4 , 5  or Tekki 1 | | | |  |  |
| Tekki 2 or 3 | | | |  |  |
| Bassai Dai | | Kanku Dai | | Kanku Dai |  |
| Jion | Jitte | | Empi |  |  |  |
| Hangetsu | | Gankaku | |  |  | **Hangetsu** |

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| **Nidan Second Degree Black Belt Test Continued 2** | | |
| **Jiyu Nihon**  **Kumite** | **Attacking** | **Defending** |
| Mae geri,  jodan oi zuki | Score: | Score: |
| Kizami zuki, gyaku zuki | Score: | Score: |
| Mae geri, mawashi geri | Score: | Score: |
| **Gyaku zuki, gyaku zuki** | Score: | Score: |
| **Oi zuki,**  **gyaku zuki** | Score: | Score: |
| **Ushiro geri, uraken uchi** | Score: | Score: |
| **Jiyu Kumite** | **Attacking** | **Defending** |
| Speed | Score: | Score: |
| Power | Score: | Score: |
| Focus | Score: | Score: |
| Distance | Score: | Score: |
| Timing | Score: | Score: |
| Zanchin | Score: | Score: |
| Spirit | Score: | Score: |